The Lamar University Didactic Program in Nutrition & Dietetics is accredited by:
Accreditation Council for Education in Nutrition and Dietetics (ACEND)
Academy of Nutrition and Dietetics (AND)
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Phone: (800) 877-1600 ext. 5400
www.eatright.com
LAMAR UNIVERSITY
COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT
DEPARTMENT OF FAMILY AND CONSUMER SCIENCES

DIDACTIC PROGRAM IN
NUTRITION AND DIETETICS
(DPND)

STUDENT HANDBOOK

This handbook has been prepared by the Department of Family and Consumer Sciences for use by students enrolled in the Didactic Program in Nutrition & Dietetics (DPND). Its objective is to readily provide information frequently needed by students about the Lamar University DPND. This Student Handbook is not designed to be used in place of, but rather in conjunction with the Lamar University Comprehensive Catalog and Student Handbook.

DISCLAIMER

The guidelines and policies presented in this handbook are intended for information only and do not constitute a contract, expressed or implied, between any student and faculty member in Lamar University. Lamar University reserves the right to withdraw courses at any time, change fees, calendars, curricula, and any other requirement affecting students. Changes become effective when the proper authorities so determine the application to both prospective students and to the students already enrolled.

Lamar University is an equal opportunity/affirmative action educational institution and employer. Students, faculty and staff members are selected without regard to their race, color, creed, sex, age or national origin, consistent with the Assurance of Compliance with Title VI of the Civil Rights Act of 1964; Executive Order 11246 as issued and amended; Title IX of the Education Amendments of 1972, as amended; Section 504 of the Rehabilitation Act of 1973. Inquiries concerning application of these regulations may be referred to the Office of the Vice President for Administration and Counsel.
Didactic Program in Nutrition and Dietetics (DPND)

Student Handbook

Introduction to the Program

The Lamar University Didactic Program in Nutrition & Dietetics (DPND) is a four-year program culminating in a Bachelor of Science Degree. The program is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. The program consists of 120 credit hours, including the university’s core curriculum requirements (42 credit hours), department core courses (6 credit hours), supporting courses (36 credit hours), and foods/nutrition/dietetics courses (36 credit hours). The program is a track within the Nutrition, Dietetics, and Hospitality Program in the Department of Family and Consumer Sciences (FCS). Upon satisfactory completion of the degree and DPND course requirements, graduates are eligible to apply for accredited supervised practice programs (such as internships). Students already possessing a bachelor’s degree may be admitted to Lamar University as post baccalaureate students to complete DPND requirements. Some of these students may choose to work toward a second bachelor’s degree or a master’s degree while completing DPND requirements at Lamar. However, a second degree is not required.

Program Mission

The mission of the Lamar University Didactic Program in Nutrition and Dietetics (DPND) is to prepare graduates for careers in nutrition/dietetics and related fields through quality education, ultimately contributing to the enhancement of human well-being. The curriculum is designed to provide the core knowledge needed to successfully complete a supervised practice program accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. After completion of the DPND required courses, along with the Bachelor’s Degree, students may apply for admission to ACEND-accredited supervised practice programs (dietetic internships). Supervised practice program graduates are qualified to take the Commission on Dietetic Registration Examination, and upon passing the exam, to become credentialed as Registered Dietitian Nutritionists (RDNs), apply for licensure if applicable, and become active members of the Academy of Nutrition and Dietetics.

Program Goals and Objectives

Goal 1: To recruit and retain students who are qualified to successfully complete the Lamar University DPND.

Related Objective: 90% of students beginning at the freshman year, will complete the DPND within six years.

Goal 2: To provide quality instruction and experiences for graduates to be successful in ACEND-accredited supervised practice programs, pursue graduate studies, or find employment in a nutrition/dietetics related field.

Related Objectives:
- 60% of graduates will apply for accredited supervised practice programs within one year of graduation.
- 90% of graduates who apply for accredited supervised practice programs within one year of graduation will be accepted.
- 80% of graduates will pass the Registration Examination for Dietitians on first attempt.
- 90% of graduates will pass the Registration Examination for Dietitians within one year of first attempt.
30% of graduates who do not apply or are not accepted into supervised practice programs will be accepted into a post baccalaureate degree program in nutrition/dietetics or related field within one year of graduation.

50% of graduates who do not apply or are not accepted into supervised practice programs will find employment in a nutrition/dietetics related field within one year of graduation.

Note: Program outcomes data are available upon request.

Program Admission
A student who is admitted to Lamar University may enter the DPND by declaring a major in Family and Consumer Sciences - Nutrition, Dietetics, and Hospitality Administration: Dietetics Track. For admission requirements to Lamar University, go to http://www.lamar.edu/admissions/index.html. A student who has previously been awarded at least a baccalaureate degree must meet with the DPND Program Director, who will evaluate the student’s previous course work and provide a list of DPND courses necessary to complete requirements.

Tuition, Fees, and Other Expenses
For current information on tuition and fees, see http://students.lamar.edu/paying-for-school/tuition-and-fees.html. Information about financial aid can be found at http://financialaid.lamar.edu/index.html. Other program expenses include textbooks, school supplies, laboratory fees and materials, etc.

Degree Plan – Dietetics Track
An overview of course requirements for the Bachelor of Science Degree appears below:

GENERAL EDUCATION (42 HRS)
ENGL 1301
ENGL Literature OR PHIL 1370
COMM OR Foreign Language
HIST 1301
HIST 1302
POLS 2301
POLS 2302
Social Science (Psychology or Sociology)
BIOL 1406 (General Biology I)
BIOL 1407 (General Biology II)
MATH 1314 (College Algebra or higher)
Creative Arts
Statistics
LIBR 1101 OR LMAR 1101

NUTRITION/DIETETICS (36 HRS)
FCSC 1315 (Basic Foods)
FCSC 1322 (Nutrition)
FCSC 3314 (Food and Beverage Controls)
FCSC 3320 (Advanced Nutrition)
FCSC 3328 (Community Nutrition)
FCSC 3330 (Nutritional Biochemistry)
FCSC 3360 (Quantity Food Systems Management)
FCSC 4300 (Medical Nutrition Therapy I)
FCSC 4307 (Nutrition through the Life Cycle)

FCSC 4315 (Medical Nutrition Therapy II)
FCSC 4317 (Nutrition Assessment and Counseling)
FCSC 4347 (Advanced Foods)

FCS DEPT CORE (6 HRS)
FCSC 3301 (Human Well-Being)
FCSC 4301 (Senior Seminar)

SCIENCE (20 HRS)
BIOL 2401 (Anatomy and Physiology I)
BIOL 2402 (Anatomy and Physiology II)
BIOL 2420 (Microbiology)
CHEM 1406 OR CHEM 1411 (Chemistry for Allied Health or General Chemistry I)
CHEM 1408 OR CHEM 1412 (Chemistry for Allied Health or General Chemistry II)

SUPPORTING COURSES (16 HRS)
NURS 1373 (Basic Pathophysiology)
MGMT 3310 (Principles of Organization and Management)
ENGL 3310 or BCOM 3350 (Written Communication)
APPROVED HLTH OR KINT (Health or Kinesiology)
APPROVED 1-HR COURSE
To find course descriptions along with prerequisites, see the Course Directory tab of the Lamar University Comprehensive Catalog at http://catalog.lamar.edu/course-directory/index.html.

An official degree plan should be obtained from the Family and Consumer Sciences Department office or from your advisor.

**Transfer Credit**

Students who transfer to Lamar University from another Texas public institution of higher education shall be governed by the provisions of Texas Senate Bill 148 (75th Legislature). Lamar will accept, *en bloc*, an approved core curriculum successfully completed at another Texas public institution of higher education in lieu of Lamar’s core curriculum. Any student who transfers to Lamar University before completing the core curriculum of another Texas public institution of higher education shall receive academic credit at Lamar for each of the courses that the student has successfully completed in the core curriculum of the other institution; however, the student shall be required to complete Lamar’s core curriculum. Students transferring to Lamar from institutions of higher education outside of Texas or from private institutions within Texas shall be subject to the requirements of Lamar University’s core curriculum.

Regarding all transfer courses, a Lamar University Student Records Specialist in the Office of the Registrar evaluates the student’s transfer work and matches the transfer courses to the equivalent Lamar University courses. The transcript evaluation becomes part of the student’s electronic record at Lamar University. Some transfer courses may be labeled as “accepted” by Lamar University, but not equivalent to a specific course offered at Lamar. Such courses may be used as free electives; however, the student’s advisor and/or department chair are free to make decisions whether to accept the courses as meeting degree requirements (unless the courses are used to meet the Lamar Core Curriculum). The DPND Program Director may request course descriptions and syllabi to determine whether transfer credits meet requirements for the DPND nutrition/dietetics courses or supporting courses.

**Post Baccalaureate Students Meeting DPND Requirements**

When a student already possesses at least a baccalaureate degree and desires to meet DPND requirements with the intention of applying for supervised practice, the DPND Program Director reviews the student’s previous course work, as well as experiential learning, to determine the additional DPND courses needed by the student. The student is provided a plan for completion of DNPD requirements. Plans are designed individually to assure the student meets core knowledge to successfully complete an accredited supervised practice program.

**Academic Advising**

Academic advising is mandatory for students before they can register for classes. Freshmen and sophomores with fewer than 60 credit hours are advised in the Undergraduate Advising Center (UAC). The UAC advises, enrolls, tracks, and refers students to faculty, departments, support services, and activities. The UAC assesses and responds to student needs, helping students formulate the appropriate plan for student success toward degree completion.

Extensive advisement opportunities for Juniors and Seniors are also available through the Offices of Student Advising and Retention Services (STARS). Detailed information is available at http://www.lamar.edu/student-advising-and-retention/.

Students with over 60 credit hours meet with the Nutrition/Dietetics program director or faculty for advisement. One week before advisement begins each semester, faculty members place appointment
sheets on their doors for students to sign up for advisement. It is important to have a tentative schedule in mind and have your questions ready when you meet with the advisor. Your advisor will monitor your progress toward graduation and discuss your current qualifications and preparation for application for accredited supervised practice programs (internships). The advisor can also answer your questions about graduate school and/or employment opportunities. Students who are within one year of graduation should meet with the Program Director to make sure everything is in order for graduation and to discuss in more detail the internship application process.

**Record Maintenance and Confidentiality**
The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. To learn more about these rights, go to [http://catalog.lamar.edu/general-academic-policies/index.html](http://catalog.lamar.edu/general-academic-policies/index.html).

The Department of Family and Consumer Sciences (FCS) maintains a folder on each student. Contents may include advising records, degree plan worksheets, transcripts, copy of the completed degree plan, scholarship information, etc. Verification Statements of DPND graduates are maintained the folders indefinitely. Students’ folders are treated as confidential and are maintained in the FCS Department office or secure storage areas.

**Grievance Procedures**
Academic grievance procedures and procedures dealing with discrimination on the basis of race, color, religion, sex (including sexual harassment), national origin, or age are outlined in the Lamar University Student Handbook which can be viewed online: [http://students.lamar.edu/student-handbook.html](http://students.lamar.edu/student-handbook.html). In addition, the Lamar University Student Handbook outlines policies and procedures dealing with behavioral/disciplinary issues and academic dishonesty. Any grievance for which Lamar University has policies and procedures in place will be resolved according to the University procedures.

Grievances specifically related to the DPND and involving the standards of the Accreditation Council for Education in Nutrition and Dietetics (ACEND) may include such matters as dissatisfaction with curriculum, program director, program faculty, program quality, advising process, issuing of the Verification Statement or any other complaint related to accreditation standards. Grievance procedures related to the DPND accreditation standards are described below.

1. When a student feels dissatisfied with an aspect of the DPND involving a faculty member, the student will verbalize dissatisfaction to the faculty member. Every effort will be made by the faculty member to promptly settle the matter at this informal level.
   a. If still dissatisfied, the student will send a memo to the Program Director stating the problem/situation and the reason(s) for dissatisfaction.
   b. The Program Director will arrange a meeting with the student to discuss the problem within five working days.
   c. The Program Director will contact the appropriate person(s) to review pertinent information on the problem and submit a solution or decision to the student within five working days.

2. If the solution or decision made by the Program Director is not acceptable to the student, an appeal can be made to the Chair of the Department of Family & Consumer Sciences.

3. When a student feels dissatisfied with an aspect of the program or a decision made by the Program Director, the student will verbalize dissatisfaction to the Program Director. Every effort will be made by the Program Director to promptly settle the matter at this informal level.
a. If still dissatisfied, the student will send a memo to the Chair of the Department of Family & Consumer Sciences stating the problem/situation and the reason(s) for dissatisfaction.
b. The Chair of the Department of Family & Consumer Sciences will arrange a meeting with the student to discuss the problem within five working days.
c. The Chair of the Department of Family & Consumer Sciences will contact the appropriate person(s) to review pertinent information on the problem and submit a solution or decision to the student within five working days.
d. If the solution or decision made by the Chair of the Department of Family & Consumer Sciences is not acceptable to the student, an appeal can be made to the Dean of the College of Education and Human Development.

4. In the event a student has a complaint regarding an ACEND accreditation standard, the student must submit the complaint in writing to the Program Director. The grievance procedure will be followed as outlined above. In the event neither the Dean of the College of Education and Human Development nor members of Lamar University’s Executive Administration are able to resolve the complaint, the student is advised to contact ACEND regarding the unresolved complaint. ACEND may be contacted at:

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120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Phone: (800) 877-1600 ext. 5400
www.eatright.com

5. Any written complaint made regarding the program will remain on file for a minimum of five years.

General Academic Policies
The program adheres to the academic policies of Lamar University regarding dropping courses, instructor-initiated drops, withdrawing from the University, academic probation, academic suspension, incomplete grades, academic progress, grading system, and academic honesty. Policies and procedures regarding these issues may be found in the Lamar University Comprehensive Catalog at: http://catalog.lamar.edu/general-academic-policies/index.html.

Academic Calendar
Lamar’s Academic Calendar varies from year-to-year. Students should consult the calendar for deadlines such as final drop and withdrawal dates, holidays, etc. The Calendar can be viewed at: http://events.lamar.edu/index.html.

Graduation Requirements
The program adheres to the graduation requirements outlined in the Lamar University Comprehensive Catalog at: http://catalog.lamar.edu/general-academic-policies/index.html.

The semester before a student projects graduation, the student should notify the FCS Department Administrative Associate in Office 120 of the FCS Building. The administrative associate submits a final degree plan to the Graduation Coordinator in the Records Office. After submission of the final degree plan by the Department, the student may apply for graduation. The student must meet the deadline for applying for graduation as published in Lamar University’s Academic Calendar.
Verification Statement Procedures
After completion of the Bachelor of Science Degree and all DPND courses, the graduate will be provided five copies of the DPND Verification Statement, all with the original signature of the Program Director. In addition, a copy with an original signature will be placed in the graduate’s permanent file. The graduate’s file will be stored in the FCS Department indefinitely. The graduate should treat the Verification Statement as an important document as it will be needed for applying for supervised practice programs, state licensure/certification, membership in the Academy of Nutrition and Dietetics, etc.

Students who pursue DPND requirements after being awarded at least a baccalaureate degree will receive the DPND Verification Statement after all requirements are completed.

Students who have completed some DPND courses at another institution and desire a Lamar University DPND Verification Statement must complete at least 12 credit hours of upper-level nutrition/dietetics courses at Lamar University before verification.
EXPECTATIONS OF STUDENTS

Dietetic Internships – Prepare Now
Early preparation for application to dietetic internships is crucial. Start preparing by earning excellent grades from the beginning of your academic career. Acceptance into dietetic internships is extremely competitive. There is a national shortage of dietetic internship positions. According to data from the July 2011 ACEND Newsletter, for the year 2011, 2,192 students were matched with internship positions and 2,046 students were not matched resulting in a 52% match rate. Due to this shortage, internships across the country have unified efforts to increase the number of positions available as well as open new internship programs. To see a graphic representation, visit the ADA website at: http://www.eatright.org/internship_availability/.

Grades Matter
An overall GPA of at least 3.0 is necessary to be a competitive applicant for a dietetic internship. However, acceptance history indicates a student needs a 3.3 GPA or higher to be seriously considered. Academic performance is also assessed by the GPA in the science courses and the DNPD courses. It is crucial to have an excellent GPA in the DNPD courses to show the student has mastered the knowledge and skills to successfully perform at the supervised practice level. Repeating courses if the grade is not adequate can show determination and is encouraged.

Work Experience/Volunteer Activities/Leadership
The field of dietetics requires that an individual be dependable and motivated. Work experience can demonstrate these qualities. Working and taking courses can also demonstrate the student’s organizational and time management skills. Work experience in a nutrition/dietetics related field is extremely valuable. If a student does not have employment experience, volunteer experience is essential. The Lamar University Nutrition and Dietetic Association helps students obtain volunteer experiences in nutrition related areas. Evidence of leadership is also important when being considered for an internship.

Student Behavior
Students majoring in Dietetics are making a commitment to a profession requiring maturity and sound judgment. Thus, demonstration of mature adult behavior is expected of students. This behavior is demonstrated by the student’s time and attendance patterns, appearance, and conduct. Students are expected to come to class prepared and present themselves as sincere and motivated learners.

Students are seen as having responsibility for their own learning, and must be active learners. Students are expected to fulfill all course requirements, and to meet course and program objectives.

Students are to follow University guidelines as printed and available in (1) the Lamar University Comprehensive Catalog, and (2) the Lamar University Student Handbook. In addition to the University publications, this student handbook can add to student’s awareness of material pertinent to the DPND.
Academy of Nutrition and Dietetics Code of Ethics

The Academy of Nutrition and Dietetics and the Commission on Dietetic Registration have adopted the Code of Ethics for the Profession of Dietetics (updated 2009). Students enrolled in the DPND at Lamar University are expected to abide by the most recent Academy Code of Ethics and understand the nineteen principles listed (www.eatright.org/codeofethics/).

Principle 1: The dietetics practitioner conducts himself/herself with honesty, integrity and fairness.

Principle 2: The dietetics practitioner supports and promotes high standards of professional practice. The dietetics practitioner accepts the obligation to protect clients, the public, and the profession by upholding the Code of Ethics for the Profession of Dietetics and by reporting perceived violations of the Code through the processes established by the Academy of Nutrition and Dietetics and its credentialing agency, CDR.

Principle 3: The dietetics practitioner considers the health, safety, and welfare of the public at all times.

Principle 4: The dietetics practitioner complies with all laws and regulations applicable or related to the profession or to the practitioner’s ethical obligations as described in this Code.

Principle 5: The dietetics practitioner provides professional services with objectivity and with respect for the unique needs and values of individuals.

Principle 6: The dietetics practitioner does not engage in false or misleading practices or communications.

Principle 7: The dietetics practitioner withdraws from professional practice when unable to fulfill his or her professional duties and responsibilities to clients and others.

Principle 8: The dietetics practitioner recognizes and exercises professional judgment within the limits of his or her qualifications and collaborates with others, seeks counsel, or makes referrals as appropriate.

Principle 9: The dietetics practitioner treats clients and patients with respect and consideration.

Principle 10: The dietetics practitioner protects confidential information and makes full disclosure about any limitations on his or her ability to guarantee full confidentiality.

Principle 11: The dietetics practitioner, in dealing with and providing services to clients and others, complies with the same principles set forth above in “Responsibilities to the Public” (Principles #3-7).

Principle 12: The dietetics practitioner practices dietetics based on evidence-based principles and current information.
Principle 13: The dietetics practitioner presents reliable and substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist.

Principle 14: The dietetics practitioner assumes a life-long responsibility and accountability for personal competence in practice, consistent with accepted professional standards, continually striving to increase professional knowledge and skills and to apply them in practice.

Principle 15: The dietetics practitioner is alert to the occurrence of a real or potential conflict of interest and takes appropriate action whenever a conflict arises.

Principle 16: The dietetics practitioner permits the use of his or her name for the purpose of certifying that dietetics services have been rendered only if he or she has provided or supervised the provision of those services.

Principle 17: The dietetics practitioner accurately presents professional qualifications and credentials.

Principle 18: The dietetics practitioner does not invite, accept, or offer gifts, monetary incentives, or other considerations that affect or reasonably give an appearance of affecting his/her professional judgment.

Principle 19: The dietetics practitioner demonstrates respect for the values, rights, knowledge, and skills of colleagues and other professionals.
Core Knowledge for the RDN
Source: 2012 Standards for Didactic Programs in Nutrition and Dietetics

Domain 1: Scientific and Evidence Base of Practice: integration of scientific information and research into practice

KRD 1.1: The curriculum must reflect the scientific basis of the dietetics profession and must include research methodology, interpretation of research literature and integration of research principles into evidence-based practice. (Note: Examples of evidence-based guidelines and protocols include the Academy’s Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites.)

Domain 2: Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice.

KRD 2.1: The curriculum must include opportunities to develop a variety of communication skills sufficient for entry into pre-professional practice. (Note: Students must be able to demonstrate effective and professional oral and written communication and documentation.)

KRD 2.2: The curriculum must provide principles and techniques of effective counseling methods. (Note: Students must be able to demonstrate counseling techniques to facilitate behavior change.)

KRD 2.3: The curriculum must include opportunities to understand governance of dietetics practice, such as the Scope of Dietetics Practice and the Code of Ethics for the Profession of Dietetics; and interdisciplinary relationships in various practice settings.

Domain 3: Clinical and Customer Services: development and delivery of information, products and services to individuals, groups and populations

KRD 3.1: The curriculum must reflect the principles of Medical Nutrition Therapy and the practice of the nutrition care process, including principles and methods of assessment, diagnosis, identification and implementation of interventions and strategies for monitoring and evaluation. (Note: Students must be able to use the nutrition care process to make decisions, to identify nutrition-related problems and determine and evaluate nutrition interventions.)

KRD 3.2: The curriculum must include the role of environment, food, nutrition and lifestyle choices in health promotion and disease prevention. (Note: Students must be able to develop interventions to affect change and enhance wellness in diverse individuals/groups.)

KRD 3.3: The curriculum must include education and behavior change theories and techniques. (Note: Students must be able to develop an educational session or program/educational strategy for a target population.)

Domain 4: Practice Management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations

KRD 4.1: The curriculum must include management and business theories and principles required to deliver programs and services.

KRD 4.2: The curriculum must include content related to quality management of food and nutrition services.
KRD 4.3: The curriculum must include the fundamentals of public policy, including the legislative and regulatory basis of dietetics practice. (Note: Students must be able to explain the impact of a public policy position on dietetics practice.)

KRD 4.4: The curriculum must include content related to health care systems. (Note: Students must be able to explain the impact of health care policy and different health care delivery systems on food and nutrition services.)

KRD 4.5: The curriculum must include content related to coding and billing of dietetics/nutrition services to obtain reimbursement for services from public or private insurers

Domain 5: Support Knowledge: knowledge underlying the requirements specified above.

KRD 5.1: The food and food systems foundation of the dietetics profession must be evident in the curriculum. Course content must include the principles of food science and food systems, techniques of food preparation and application to the development, modification and evaluation of recipes, menus and food products acceptable to diverse groups.

KRD 5.2: The physical and biological science foundation of the dietetics profession must be evident in the curriculum. Course content must include organic chemistry, biochemistry, physiology, genetics, microbiology, pharmacology, statistics, nutrient metabolism and nutrition across the lifespan.

KRD 5.3: The behavioral and social science foundation of the dietetics profession must be evident in the curriculum. Course content must include concepts of human behavior and diversity, such as psychology, sociology or anthropology.
USEFUL INFORMATION

Students are encouraged to read the *Lamar University Graduate Catalog* and also the *Lamar University Student Handbook*.

Contact Information for the Family and Consumer Sciences Department:
Lamar University Department of Family and Consumer Sciences
PO Box 10035
Beaumont, TX 77710
Department FAX: (409) 880-8666
DPND Program Director: Connie Ruiz, PhD, RDN, LD
Office: (409) 880-8668 or 782-8710 (cell-texting preferred) connie.ruiz@lamar.edu

*FCSC Department Chair:*
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Dr. Jill Killough  (409) 880-8669  jill.killough@lamar.edu
Dr. Connie Ruiz  (409) 880-8668  connie.ruiz@lamar.edu
Dr. Amy Shows  (409) 880-7962  amy.shows@lamar.edu

*Other LU Important Numbers*

Undergraduate Advising Center: (409) 880-7963
Kristen Ipes – Advisor for Freshmen and Sophomore DPND Students

Housing: (409) 880-8550

Mary and John Gray Library: (409) 880-8117

Records/Registrar: (409) 880-2113 or 8968

Student Financial Aid: (409) 880-8450

Student Health Center: (409) 880-8466

Lamar Police Department: (409) 880-8305
This sheet is to be separated from the Handbook and signed by the student. Submit the signed form to the FCS Department office to be added to your advisement folder.

I have received a copy of the Didactic Program in Nutrition & Dietetics (DPND) Student Handbook. I will read the handbook. I recognize that it contains pertinent information regarding my progress in the program.

Completing the DNPD requirements does not guarantee an appointment to a dietetic internship. The national internship acceptance rate is approximately 50% due to a national shortage of supervised practice sites. To have a competitive application, I understand that I need to follow the recommendations outlined in the student handbook.

Signature ________________________

Date ____________________________